

# OCTOBER 2020

## JUNIOR HIGH LUNCH MENU

LEGACY CHRISTIAN ACADEMY



Monday

Tuesday

Wednesday

Thursday

Friday

5



6

TACO TUESDAY BOWL  
ASSORTED BEANS  
CORN  
ASSORTED FRUIT  
MILK

7

FRENCH TOAST  
HASHBROWNS  
SAUSAGE  
ASSORTED FRUIT  
MILK

8

CHICKEN STRIPS  
DINNER ROLL  
GREEN BEANS  
ASSORTED FRUIT  
MILK

9

CHEESE PIZZA  
SWEET POTATO FRIES  
ASSORTED FRUIT  
MILK

12



13

TACO TUESDAY BOWL  
ASSORTED BEANS  
CORN  
ASSORTED FRUIT  
MILK

14

SALISBURY STEAK  
DINNER ROLL  
GRAHAM CRACKER  
MASHED POTATOES  
ASSORTED FRUIT  
MILK

15

PASTA WITH MEAT SAUCE  
BREADSTICK  
GREEN BEANS  
ASSORTED FRUIT  
MILK

16

PEPPERONI BREADSTICKS  
GARDEN SALAD  
W/ SPINACH  
ASSORTED FRUIT  
MILK

19

CHEESE RAVIOLI  
IN TOMATO SAUCE  
BREADSTICK  
BROCCOLI  
ASSORTED FRUIT  
MILK

20

TACO TUESDAY BOWL  
ASSORTED BEANS  
CORN  
ASSORTED FRUIT  
MILK

21

CHICKEN NUGGETS  
DINNER ROLL  
MASHED POTATOES  
ASSORTED FRUIT  
MILK

22

CORN DOGS  
SWEET POTATO FRIES  
ASSORTED FRUIT  
MILK

23

CHEESE PIZZA  
GARDEN SALAD  
ASSORTED FRUIT  
MILK

26

FISH STICKS  
FRENCH FRIES  
ASSORTED FRUIT  
MILK

27

TACO TUESDAY BOWL  
ASSORTED BEANS  
CORN  
ASSORTED FRUIT  
MILK

28

GENERAL TSO  
OR  
ORANGE CHICKEN  
RICE  
BROCCOLI  
ASSORTED FRUIT  
MILK

29



30



**WHAT MAKES A MEAL:** ENTRÉE, VEGETABLE, FRUIT, AND MILK.

**MENU OPTIONS:** ASSORTED HOT GRILL SELECTIONS: HOT SANDWICHES, ENTRÉES, PIZZA, ASSORTED HOT VEGGIE. COLD VEGGIE BAR, DELI SANDWICH, CHEF SALAD, FRUIT BAR, 1% WHITE OR NON- FAT CHOCOLATE OR STRAWBERRY MILK.



LUNCH K-5 - \$2.75 / LUNCH 6-8 - \$3.00 / LUNCH 9-12 - \$3.25 / MILK-\$.55.  
ENTREES ARE SUBJECT TO CHANGE

"THE INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."