



Individualized Health Care Plan

Asthma

Name of Student: _____

Grade: _____ Homeroom: _____ Bus rider yes no Bus # _____

Additional Health Concerns: _____

Accommodations needed for classroom or school environment: _____

Daily Asthma Management Plan

Asthma Triggers		
<input type="checkbox"/> Exercise	<input type="checkbox"/> Food	<input type="checkbox"/> Mold
<input type="checkbox"/> Respiratory infections	<input type="checkbox"/> Animals	<input type="checkbox"/> Other
<input type="checkbox"/> Changes in temperature	<input type="checkbox"/> Pollen	
<input type="checkbox"/> Strong odors	<input type="checkbox"/> Dust	

Additional Instructions: _____

Student has an Emergency Action Plan: yes no

Medication to be taken prior to exercise: yes no PE Days: _____

Peak Flow Monitoring: Personal Best Peak flow number: _____; Monitoring Times: _____

Medications to be taken at school:

Medication	Amount	Time

The school nurse has consent to share this information with the appropriate staff: yes no

Parent/Guardian Signature: _____ Date: _____

School Nurse Signature: _____ Date: _____

Any revision to the student's IHP/EAP requires a new form to completed and dated by the parent.